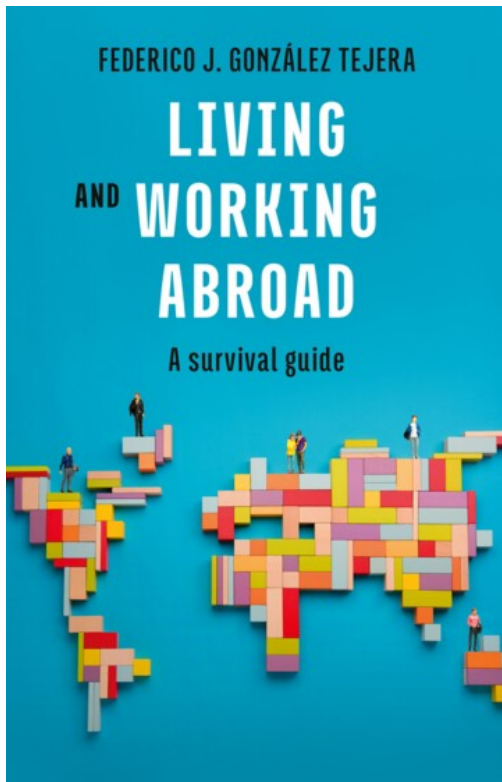




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Living and Working Abroad

Federico J. González Tejera

Including a new chapter on working with Chinese executives

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What does it really mean to live and work abroad? Federico J. González Tejera reveals the **keys to surviving and thriving in different cultures** in this practical and engaging guide, which explores the **professional and personal challenges** faced by expatriates.

Drawing on his experience as an executive in cities as diverse as Madrid, Brussels, Stockholm, Lisbon and Paris, the author tackles essential topics such as **cultural adaptation, the day-to-day work environment and family life** away from home.

But in *Living and Working Abroad: A Survival Guide*, González Tejera does not confine himself to theory. Through personal anecdotes and stories from other expatriates, the book provides a close-up and realistic view of what it means to be a Spanish professional in a foreign country.

Whether you are a professional considering a new opportunity, a student determined to start your career abroad, or someone simply curious about the challenges and rewards of living abroad, this book offers invaluable resources. With practical advice and insights on topics ranging from **work integration**, to **parenting**, to **differences in communication styles**, this book is the essential guide for anyone ready to embark on this adventure.

Federico J. González Tejera